

**DR. FRED A. MILLARD**

—DENTIST—

Office in Dr. Burgess Building  
Opposite Court House  
Office Hours: 8:00 a. m. to 5:00 p. m.  
Office and Residence Phone No. 115

**DR. H. M. SPARKS**

Dentist

Louisa Kentucky  
Office in room formerly occupied by  
Dr. Walters.  
Office Hours: 8 a. m. to 5 p. m.  
Special Hours by Appointment

**DR. J. D. WILLIAMS**

Special attention to diseases of the  
Eye, Ear, Nose and Throat  
2506 Broadway, Catlettsburg, Ky.

**REAL ESTATE**

**J. P. GARTIN, Louisa, Ky**  
General Dealer.

I buy and sell Real Estate of all  
kinds. Also, will handle property on  
commission. If you want to buy or  
sell town or country property, call on  
me.

**GLENWOOD STOCK FARM**

**V. B. Shortridge Prop.**  
GLENWOOD KY.

We Have For Sale—  
THREE PURE-BLOOD SHORTHORN  
CALVES, MALES FOR SALE. THE  
SAME THIRTY-ONE ON EXHIBITION  
AT THE COUNTY FAIR AT  
LOUISA. TO ANYBODY WISHING  
TO BUY WE WILL MAKE THE  
PRICE RIGHT. COME AND SEE  
THE STOCK. REGISTRATION PAPERS  
FURNISHED.

**Chesapeake & Ohio Ry**

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Shortest and Quickest Route  
To  
Washington, Baltimore, Philadelphia  
and New York  
Richmond, Old Point, Norfolk,  
Virginia and North Carolina  
Through Pullman Sleepers Dining Cars  
Connections at Cincinnati and  
Louisville  
For all points West, Northwest, South-  
west and the Pacific Coast

**N. & W. Norfolk & Western**

Effective January 6, 1918.  
Lv. Fort Gay (Central Time.)

No. 3—1:45 a. m. Daily—For Kenova,  
Ironton, Portsmouth, Cincinnati, Colum-  
bus. Pullman Sleepers to Cincinnati  
and Columbus. Connection via  
rail and Columbus

No. 15—1:05 p. m. Daily—For Colum-  
bus, Cincinnati and intermediate stations.  
Pullman Sleeper. Cafe car to  
Columbus.

Lv. 2:12 a. m. Daily—For William-  
son, Welch, Bluefield, Roanoke, Lynch-  
burg, Norfolk, Richmond, Pullman  
Sleepers. Cafe Car.

2:16 p. m. Daily—For Williamson,  
Welch, Bluefield, Roanoke, Norfolk,  
Richmond. Pullman Sleeper to Nor-  
folk. Cafe Car.

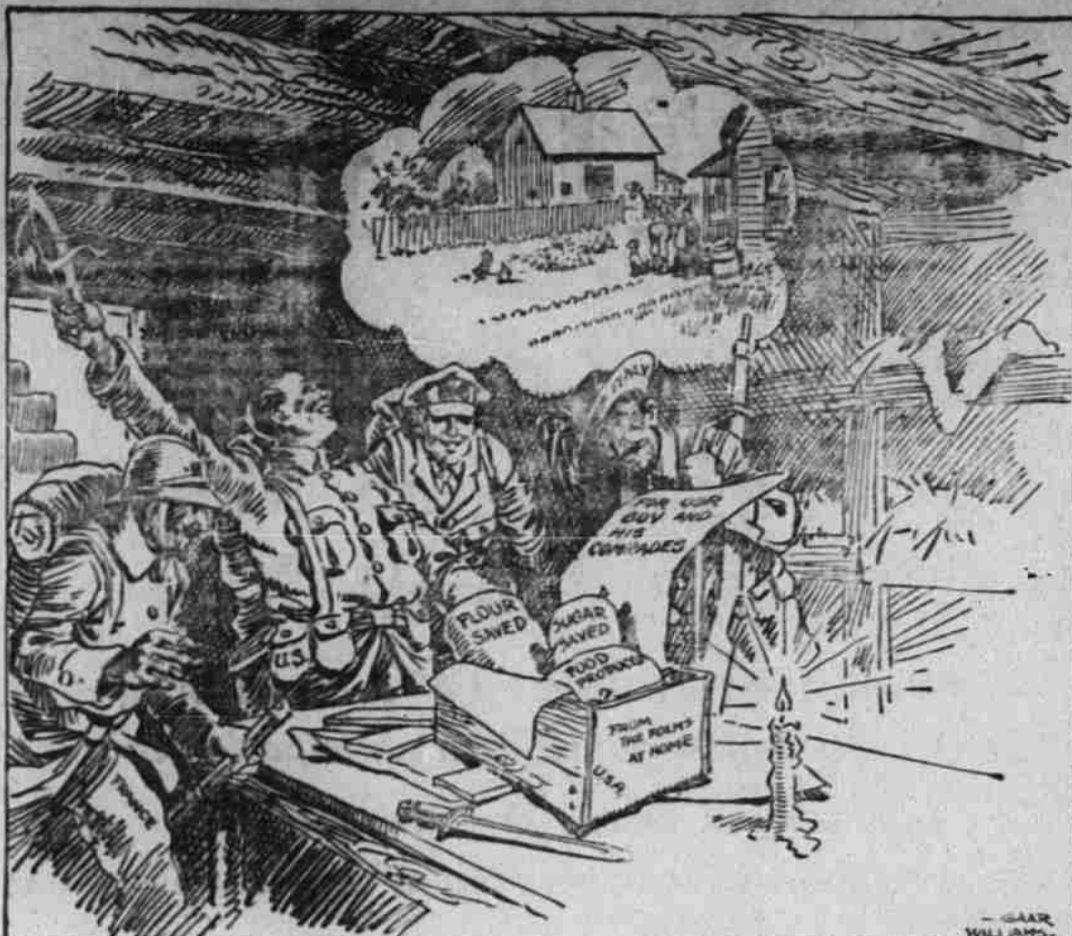
Train leaves Kenova 7:25 a. m.—  
Daily for Williamson, via Wayne, and  
leaves Kenova 8:40 a. m. daily for Co-  
lumbus and local stations.

For full information apply to  
**W. B. BEVILL, Pass. Traff. Mgr.**  
**W. C. SAUNDERS, Genl. Pass. Agt.**  
ROANOKE, VA.

**FOR SALE: TIMBER FOR LESS THAN HALF PRICE.**

Thirteen thousand five hundred  
acres in one tract, railway alongside of  
tract, virgin long leaf yellow pine never  
been turpentine or a stick cut out.  
You can get land and timber for \$10  
per acre, half cash, balance three years  
with interest. This land will bring  
you \$15 to \$20 per acre after timber is  
cut off. 43,000 acres well timbered on  
railway, easy to log, fine land. You  
can get land and timber for \$11.00 per  
acre; part cash, balance to be agreed on  
with interest. I have smaller tracts  
if interested write me. I can trade some  
good land for clear income property.  
Let me know what you want and what  
you have for trade. All the timber will  
run over 2000 feet per acre. COME  
TO ORLANDO, FLORIDA. 147 miles  
west of Jacksonville, Florida. Best  
town in the state. Then take the auto  
bus west on paved road for my place.  
Just five miles. I can help you.  
Yours truly,  
**FRED H. LYNCH,**  
Orlando, Florida

Box 924

**A BOX FROM HOME**

Drawn by Gaar Williams, Division of Pictorial Publicity.

Food savings of millions of Americans during our first year of war enabled this govern-  
ment to send enormous food shipments abroad for our fighting forces and the Allied nations.  
Our savings in cereals—out of a short crop—amounted to 154,900,000 bushels; all of which was  
shipped to Europe. We increased our meat and fat shipments 844,600,000 pounds. This was  
America's "box from home" to our army abroad and the civilians and military forces of the  
Allied nations.

**SHARE OUR SUGAR WITH THE ALLIES**

British Get Two Pounds a Month.  
French Pound and Half,  
Italians One Pound.

**GERMAN SUPPLY PLENTIFUL.**

All Nations Permit Use of Sweetening  
for Home Preserving Purposes.

America's new sugar ration of two  
pounds a month per person is equiva-  
lent when compared with the sugar ra-  
tion enforced by rigid governmental  
order in England, France and Italy, na-  
tions with which we are sharing sugar.  
Each Allied nation—in the matter of  
sugar consumption—is sharing on near-  
est possible equal terms the hardships  
imposed by greatly altered conditions  
in the world sugar situation.

Formerly classed as a luxury, sugar  
is now a war time essential. The fair  
and just division of this essential is  
in the hands of the various Allied  
food controllers.

The United States Food Administra-  
tion has asked this nation to observe a  
voluntary sugar ration of two  
pounds per person a month.

In the other countries at war with  
Germany sugar is one of the scarce  
articles on every menu—whether in  
the households of both rich and poor,  
or in the hotels.

England today has a sugar ration  
of two pounds per month per person.  
In France the ration is a pound and a  
half and in Italy it is one pound a  
month. And the prices in allied coun-  
tries are from two to three times as  
high as in America.

If you go to a hotel in England or  
France these days and order tea or  
coffee they serve absolutely no sugar  
with it. If you want sugar you must  
bring it with you.

In England it is allowable to use  
one-seventh of an ounce of sugar in  
the preparation of each luncheon. In  
France many persons carry little sac-  
charine tablets about with them for  
use in hotels and in England rich and  
poor must take their sugar with them  
if they wish to have sweetened tea  
while visiting friends.

Before the war started France had  
625,000 acres devoted to sugar produc-  
tion. By 1917 the French sugar acre-  
age had decreased to 150,000 acres.  
Today the French man or woman with a  
sugar card has no assurance whatever  
that he or she will be able to actually  
buy sugar. To buy it, one must first  
find it.

**Italy Has "State Sugar."**

Especially drastic regulations govern  
the use of sugar in Italy. Its manu-  
facture, distribution and sale are close-  
ly controlled, and in part actually  
taken over by the state.

Saccharine is permitted to be sold  
and used as a substitute for sugar and  
the government manufactures a mix-  
ture of saccharine and sugar called  
"State Sugar," which is largely used.

German Sugar Ration Adequate.  
Germany, before the war, produced  
a great surplus of sugar and exported  
large quantities. Today the Germans  
have virtually gone out of the export  
business, but have plenty of cheap  
sugar for home use.

Wholesale prices prevalent in the  
Allied nations, according to informa-  
tion received by the United States  
Food Administration are as follows:  
England, 10 cents a pound; France,  
12 cents; Italy, 20 cents.

While these high prices are being  
paid abroad the American wholesale  
price is being held at 1 1/2 cents.

**War Time Sweeteners**

AMERICA has several excellent war time sweet-  
eners that will be used largely during the  
shortage in the sugar supply.

They are maple sugar, syrups, honey and  
olasses and may be used in preparing des-  
serts and other dishes requiring sweetening.

When a cup of syrup or honey is used  
to replace a cup of sugar the liquid in the  
recipes should be decreased one-fourth.  
One-third of a cupful of sugar is equivalent  
to one-third of a cup of honey, about one-  
half cup of syrup and about one-half cup of corn sugar.

One-fourth of a cup of sugar is equal to about one-half  
cup of syrup or one-third cup of corn sugar. One table-  
spoon of sugar is equal to one tablespoon of honey, about  
one and one-half tablespoons of syrup and one and one-  
third tablespoons of corn sugar.

Sugar may be saved by the use of raisins, dates, figs,  
dried pears and fruit pastes used on the breakfast cereals.  
Fruit marmalades, butters and jellies should be used  
to take the place of the ordinary sweetening at a meal and  
not as accessories to it. Fruits may be preserved without  
sugar. It may be added when sugar is more plentiful.

Preserving demands this year a thin syrup instead of a  
heavy syrup.  
If sugar is used one-half of the amount may be replaced  
by another sweetener.

Drying is a means of preserving (without sugar) ap-  
ples, cherries, strawberries and black caps.

When ready to use they may have added the needed  
sugar in the form of a syrup. When sugar is more plentiful  
fruit juices may be made into jellies or may be used as  
fruit juices with or without sugar, as beverages, fruit  
gelatins and frozen desserts.

Fresh fruits supply the place of sugar in the diet. They  
should be used freely. Desserts where sugar is scarce  
may be made of gelatins, junkets, custards, puddings and  
cakes.



**Save Food**

**120 million Allies must eat**

United States Food Administration

**OUR OFFICIALS**

(Politics Indicated By D and R)

U. S. Senators—Ollie M. James and  
I. C. W. Beckham—D.  
Congressman—W. J. Fields—D.  
Governor—A. O. Stanley—D.  
Lieut. Governor—Jas. A. Black—D.  
Auditor—Robt. L. Greene—D.  
Atty. General—Chas. H. Morris—D.  
Treasurer—Sherman Goodpastor—D.  
Sec. of State—James Lewis—R.  
Supt. Public Instruction—V. O. Gil-  
bert—D.

State Senator—Dr. H. T. Morris—R.  
Representative—B. H. Harris—R.

Circuit Judge—A. N. Clisco—R.  
Commonwealth's Attorney—John M.  
Waight—D.

**Lawrence County.**

County Judge—Billie Ruffin—R.  
County Clerk—D. L. Thompson—R.  
Circuit Clerk—D. R. Adams—R.  
Sheriff—W. J. Roberts—R.  
Supt. Schools—J. H. Ekers—D.  
Jailer—S. M. Sturtevant—R.  
Assessor—Work Williams—R.  
Surveyor—L. E. Wallace—D.  
Coroner—M. V. Hickman—R.

Justice of the Peace, composing the  
county fiscal court—E. F. Diamond  
(D), G. S. Chapman (R), George W.  
Wellman (D), W. E. Fugitt (R), G. V.  
Pack (R), Henry Bishop (R), Jas.  
Fraser (D).

**City of Louisa.**

Mayor—Augustus Snyder—D.  
Police Judge—H. B. Hewlett—D.  
City Clerk—R. L. Vinson—D.  
Treasurer—J. B. Kinster—D.  
Assessor—James Norton—R.  
Marshal—C. C. Skaggs—D.  
Councilmen—Dr. T. D. Burgess (R),  
W. E. Queen (D), H. E. Evans (R),  
John M. Moore (D), O. C. Atkins (R),  
G. R. Lewis (D).

**PASTURAGE FOR RENT.**

One hundred and fifty acres of grass  
for rent. Apply to Gartin & Dixon,  
Louisa, Ky.

**FIRE INSURANCE**

I am prepared to write insurance on  
any insurable property in Louisa and  
on all good DWELLINGS AND BARN  
IN THE COUNTRY and a limited num-  
ber of stores not too far from Louisa.

I have the agency for the following  
companies:

HENRY CLAY CO. OF KY.  
NORTH AMERICA OF NEW YORK  
WESTCHESTER OF NEW YORK.

Will appreciate any business you  
may give me.

**AUGUSTUS SNYDER****THE LOUISA GARAGE CO.**

Now is prepared to do all kinds of  
repair work on automobiles. Wm. Hart-  
ram, who has had 5 years experience in  
one of the largest garages in Pitts-  
burg, Pa. has charge of the repair de-  
partment and will do your work in first  
class manner. Charges reasonable.  
While the weather is bad is a good  
time to have your cars overhauled.

**BLANKS FOR SUGAR BUYERS**

The Big Sandy News office has in  
stock a supply of blanks required for  
merchants and customers to have 100  
for 40c, 200 for 70c, 500 for \$1.40, post  
paid.

**SANDY VALLEY SEMINARY**

H. G. SOWARDS, Principal

PAINTSVILLE, KENTUCKY

**TERM OPENS MONDAY, SEPTEMBER ELEVENTH 1918.****ADVANTAGES—**

Teachers of broad experience and adequate equipment.  
Christian environment. Active religious influence. A  
Christian character is built on the Rock of Eternal  
Truth and will stand unshaken amid the shock and storm  
of life's battle. This ought to be the first consideration  
in selecting a school. Here you have Christianity and  
religious influence in positive terms.

**COURSES—**

Academic—Good high school or college preparatory of-  
fered. All the required subjects and a number of elec-  
tives. Standard course admitting to any college.

Normal—Course offered meeting the State requirement.  
Teachers also have best opportunities in preparation  
for examination and what is better a thorough prepara-  
tion for successful teaching.

Commercial—Strong course in bookkeeping, short hand,  
typewriting and correlative subjects. Our graduates  
equipped to fill the best positions. Unusual opportuni-  
ties are now offered through the business course.

Music—Piano and Voice. This department has well  
merited the praise it receives. We have had far more  
than the average success and the course for this year is  
to be strengthened.

Expression—Kentucky is noted for oratory. It is a tal-  
ent of marvelous power and when properly developed  
and cultivated makes one master of assemblies. We be-  
lieve it is a grave mistake to neglect this talent and are  
offering a splendid course in physical culture and  
expression.

Grades—So many people living in the rural communities  
desire for their children better school advantages and at  
the same time home care. In our elementary depart-  
ment we offer this opportunity. Our teachers are gradu-  
ates having had special training for the grade work,  
and in our dormitory the teachers will continue in  
charge. This gives you the advantage of the best  
schooling and also the same careful oversight of the  
home.

**OUR DORMITORY—**

Girl students will be required to board in the dormi-  
tory where they will be under the immediate care of the  
teachers. This is not done to curtail liberties but to  
give to these young ladies, that helpful sympathetic over-  
sight that is so essential in the development of a wise  
and stable character.

**INFORMATION—**

We invite your patronage and if you are thinking of  
sending your boy or girl away for the year's schooling,  
we urge you to investigate the opportunities offered by  
SANDY VALLEY SEMINARY. Write to H. G.  
Sowards, Principal, Paintsville, Ky., for any further in-  
formation you may desire.

**New Dog Law Very Severe**

What farmers ought to know about  
the new dog law, which went into ef-  
fect some time ago. Compliance with  
the provisions of this law will greatly  
aid the sheep industry.

The dogs must be licensed by Janu-  
ary 1, 1919.

That the County Court Clerk and  
deputies can furnish license.

That license will cost \$1.00 for each  
dog; two dollars for each additional  
dog; two dollars for each bitch, and  
four dollars for each additional bitch.

That each dog must wear collar  
which the owner must furnish.

That the dog must stay on his own  
premises without his owner accom-  
panying him.

That any dog unlicensed or wearing  
no tag can be killed by anybody any  
time without liability.

That any licensed dog wearing a  
tag caught roaming around can be  
impounded and sold or killed by any  
sheriff or deputy sheriff after ten  
days advertising.

That any person can kill any dog  
caught worrying or wounding any live  
stock or any human being, license or  
no license, without liability.

That any dog that enters any field  
without its owner shall be considered  
a private nuisance and can be killed  
by owner or tenant of such field,  
if killed in the field, without liability.

That every dog shall be confined  
at home between the hours of sunset  
and sunrise.

That any licensed dog caught out  
at night without his owner shall be  
considered an unlicensed dog and can  
be killed by anyone finding such dog.

That owners of dogs that damage  
livestock by killing or wounding is  
liable to the county for such damage,  
the county in turn being liable to the  
owner of the property so damaged or  
killed.

That the owner of the land is re-  
sponsible for the dogs on that land.

That it is a fine not exceeding \$100  
and three months in jail to refuse to  
comply with this law.

That the tax commissioner, the sher-  
iff, and the clerk have heavy duties  
laid on them by this law and that they  
must see to its enforcement.

That the law is made to protect good  
dogs, and livestock and people and to  
condemn bad dogs and pay for the  
damage they do.

That the greatest enemy of sheep is  
dogs and one of the greatest friends  
of man is sheep. We must choose be-  
tween dogs and sheep—between food  
and clothing and howling packs of  
hungry curs.

Motto of the sheep men: "To make  
the world safe for Democracy we must  
make our farms safe for sheep."

**OLD MASONIC ACADEMY STUDENTS CALLED FOR.**

I am very anxious to get a list of all  
persons now living, who were students  
at the Masonic Academy in Louisa,  
when Dr. G. W. Wroten was at the  
head of it. I shall be obliged to all  
who will send me a list of those they  
know to be living and their postoffice  
addresses.

There has been some talk of trying  
to arrange a reunion.

G. F. GALLUP,  
Catlettsburg, Ky.

**FOR SALE**—The old Yates house on  
Lock Ave. For particulars apply to  
this office.

**NOTICE FROM DOCTOR**

C. B. WALTERS.

Those who owe me are requested to  
settle with Mrs. Walters or Dr. H. H.  
Sparks by August 15. Being in the  
army I am compelled to have all ac-  
counts cleared up at once. Many  
have already settled and I have ex-  
pressed my appreciation for their kindness.  
For any accounts not settled by Aug-  
ust 15, other steps will be taken to  
make the collection.

C. B. WALTERS, D. S.